

Pilgrim Coif

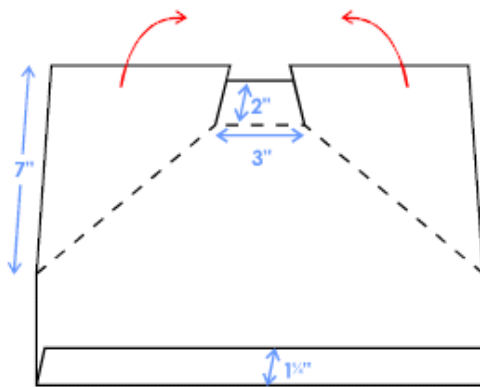
This paper coif resembles the head covering that Pilgrim women and young girls wore in Plimoth Colony during the 1620s.

You will need:

- 12" x 15" piece of legal size white paper
- 11" x 17" piece of ledger size white paper is optional
- scissors
- tape
- hole punch
- white yarn or ribbon cut in 10" lengths



Houston Colony Juniors demonstrating coif-making at 2014 Pilgrim Festival

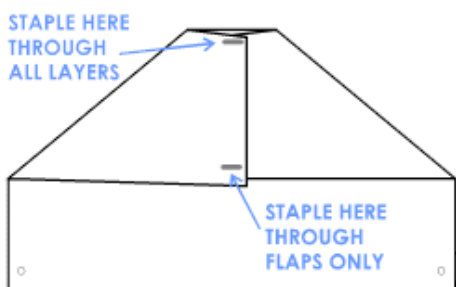


PAPER SIZE 12" X 15"

Lay paper horizontal on table and fold the bottom edge up about 1".

Cut two slits in the back. Flip paper over and fold back flaps. Tape or staple together.

Add a small piece of tape on each side where ribbon will go and punch a hole through tape (this will reinforce the hole). Tie yarn or ribbon through the holes on each side of the coif, place on child's head and tie under chin.



BACK VIEW

Ledger sized paper may be used for a slightly larger coif and measurements adapted.

If multiple paper coifs are to be made at a time, draw patterns onto paper (legal or ledger size) and have an office supply laminate the patterns. The children can then trace the "cut" lines and "fold" lines onto their own paper.